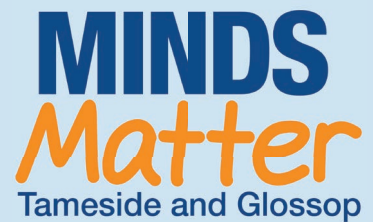


Peer Support Neighbourhood Drop-ins



Day	Neighbourhood	Venue
Mondays	Denton 2-4pm	Tameside Wellness Centre Denton, Lance Corporal Andrew Breeze Way, Denton, M34 3RD
Tuesdays	Hyde 10am-1pm	POP Hyde CIC Post Office House, 11 Corporation Street, Hyde, SK14 1AB
Wednesdays	Stalybridge 10am-12pm	Stalybridge Community Hub 17 Melbourne Street, Stalybridge, SK15 2JE
Thursdays	Glossop 2-4pm	The Bureau Bank House, 22 Henry Street, Glossop, SK13 8BW
Fridays	Ashton-under-Lyne 11am-1pm	Tameside Wellbeing Corner [*] Ashton Indoor Market, Bow Street, Ashton-under-Lyne, OL6 6DL

Free • Confidential • No appointment required •
Access to mental health services and local information

Up to 30 minute sessions, on a first-come, first-served basis.

Available to Tameside & Glossop residents aged 16 and older.

For more information contact 0161 470 6100

* This drop-in session may be affected by public engagement events.

@MindsMatterTG

